



A. Bullying is a behavior that is intended to cause, or should be known to cause fear, intimidation, humiliation, distress or other forms of harm to another person's body, feelings, self-esteem, reputation or property. A person is bullied when he or she is exposed, repeatedly and over time, to negative actions on the part of one or more other persons and he or she has difficulty defending himself or herself. It is also behavior that is intended to create, or should be known to create, a negative school environment for another person.

1. Bullying is aggressive behaviour that involves unwanted, negative actions.
2. Bullying involves a pattern of behaviour repeated over time.
3. Bullying involves an imbalance of power or strength.

It can include the following:

- Physical violence and attacks;
- Verbal taunts, threats and intimidation;
- Sexual harassment or stalking;
- Extortion, theft or destruction of school or personal property;
- Exclusion from the peer group including incitement or coercion;
- Racially or ethnically based verbal abuse;
- Public humiliation;
- Electronic or cyber bullying; and/or
- Bystanders who passively support or actively encourage the inappropriate behavior.

B. Cyber bullying involves using the Internet or other information or communication technologies, such as e-mail messages or text messages sent by cell phone, to support deliberate, repeated and hostile behaviour by an individual or group that is intended to harm someone else. It may include the sending or posting of harmful e-mail or threatening text, images or messages using e-mail, digital cameras, digital phone cameras, websites, chat rooms, instant messaging, cell phones and other personal communication devices.



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- C. Cyber stalking includes engaging in a course of conduct to communicate, or to cause to be communicated, words, images or language by or through the use of e-mail or electronic communication, directed at or about a specific person, causing substantial emotional distress to that person and serving no legitimate purpose.

Cross Reference:		
Date Adopted: August 1, 2017	Date Amended:	Board Motion(s):
Procedure: JICFB	Guidelines:	Exhibit: