

BOARD AUTHORIZED COURSE

Course Name: Advanced Esthetics – Aromatherapy, Body Treatments, Wraps, Massage

Course Code: YCPM 12D

Course Credits: 4

Created by: Southern Okanagan Secondary School

Course Synopsis:

This course provides a thorough overview of common massage techniques, body treatments and wraps, and integration of aromatherapy into services. Students will be introduced to Hot Stone Therapy, Lymphatic Drainage, Swedish, and Aromatherapy massage. A variety of treatments and wraps (detoxification, cellulite, stretchmark, firming, etc.) will be explored. Students will learn how aromatherapy can be incorporated into a service and the oils and blends used.

Course Approved: January 25, 2012

For more information regarding this course, please contact cgilbert@sd53.bc.ca